



Saldanha Bay Tourism Organisation  
Paternoster Village Tourism  
PO Box 444, Paternoster 7381  
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www.paternoster.info; info@paternoster.info

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## Indemnity form

**Return fax: 086 671 0488**  
**Return email: sandele@mweb.co.za**

### **TREK TO PATERNOSTER**

*6 Days from Elandsbaai to Paternoster (or any leg of the walk)  
+-130km*

#### **Personal Indemnity to participate in the Trek to Paternoster**

I (full name) \_\_\_\_\_

Residential address \_\_\_\_\_

Contact numbers: \_\_\_\_\_

do hereby warrant and acknowledge:

- That my general health is good and there is nothing which renders me unfit to undertake the +-130km Trek To Paternoster.
- That I understand and appreciate fully the fact that there may well be risks, hazards and dangers involved to which I would be subjected in walking in remote areas along the coast.
- That I am aware of the potential dangers of exposure to weather – directly or indirectly – and that serious sunburn may result from unprotected exposure, and potential flu-like symptoms from walking in mist and rain.
- I am undertaking the Trek to Paternoster on my own risk.

**Participant attending this walk do this at its own risk. Saldanha Bay Tourism Organisation, Paternoster Village Tourism, the chairperson or any other volunteers helping to organise this event shall not be liable for any loss suffered or damage sustained, and the participant hereby waives and abandons any claims of whatever nature including but not limited to that for theft, injury, loss or damage of whatever nature, against the Proprietor, whether arising from the Proprietor's default, negligence or otherwise.**

Signed at \_\_\_\_\_ this \_\_\_\_\_ day of \_\_\_\_\_ 2010